

Values-Based Leadership Your Crash Course Pre-work

Hi Ladies: We look forward to having you join the webinar.

Our values represent the essence of what is important to us in life. Naturally, these translate over into our work, influencing us in daily decisions.

In preparation for your development with Values-Based Leadership, spend a little time pre-thinking what your list of values may be by completing this pre-work. In the actual webinar, we will show a smaller list but if you have time to choose from this full list, that is better.

Step 1

Begin by reviewing the list on the next page and circling any value that speaks to you. Use these pointers:

- Select those that have significance to you personally
- Listen to any gut instinct that tells you it is indeed a part of how you operate
- Although organizational values are certainly important, these values are your personal ones as a leader
- Do not overthink the list
- Do not seek out values that you believe you *should* have in your list
- Be okay with acknowledging that today's values may be different than any you had in the past
- Feel free to add any that you do not see in the list

Step 2

Next, put a check mark next to any of them that are *really* important to you.

Take a little time to incubate on these until moving on to the next step, perhaps setting the list aside for some time.

Step 3

Next, narrow the list of checked words to no more than ten (5) and complete the chart at the bottom of the next page.

Please have your list of five (5) when you are watching the webinar.

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VALUES

Abundance	Curiosity	Humor	Responsible
Accountability	Communication	Independence	Risk
Advancement	Dedication	Innovation	Security
Adventure	Dependability	Inspiration	Self-Realization
Authenticity	Diversity	Integrity	Service
Autonomy	Duty	Knowledge	Spirituality
Balance	Effectiveness	Leisure	Spontaneity
Beauty	Encouragement	Love	Strength
Belonging	Enthusiasm	Mastery	Structure
Calm	Equality	Open Mindedness	Teamwork
Challenge	Excellence	Patience	Tenacity
Comfort	Excitement	Peace	Thoughtful
Competition	Family	Power	Tranquility
Community	Freedom	Prestige	Trustworthiness
Compassion	Fun	Prevailing	Unity
Connection	Gratitude	Productivity	Wealth
Contribution	Growth	Quality	Wisdom
Cooperation	Health	Recognition	
Courage	Helping Others	Relationship	
Creativity	Honesty	Respect	

MY VALUES

1	
2	
3	
4	
5	

Values-Based Leadership
Your Crash Course Pre-work

MY VALUES	WHERE DO THEY SHOW UP AT WORK?	WHY ARE THEY IMPORTANT?
1		
2		
3		
4		
5		